



MERCURY FILLINGS – *It's Time for the Truth*

By Karen Larré, *Truly Alive* Publisher

It is pretty amazing to me that significant information about the toxic nature of mercury fillings and the noxious ways in which the human body can be affected has been around (and becoming steadily more prolific) since the 1980's (even the 1970's) and that we have not risen up as a culture and said, "no more!" before now.

After reading a recently published article on the *Natural News* website (link: www.naturalnews.com), I realized I couldn't say it better. So here is an excerpt from *Natural News*:

Mercury fillings are one of the greatest scams in the history of dentistry. These fillings are intentionally and misleadingly named "silver fillings" so that people won't realize that such fillings are 50 % mercury and only 30 % silver. When placed into teeth, they release mercury vapor, especially when a person chews on them. Mercury vapor is then inhaled and absorbed into the body where it can cause neurological disorders, headaches, fatigue, and sickness and may even be related to autism in children. (link: www.iaomt.org/videos and select "Smoking Teeth=Poison Gas" to view a video link on the off-gassing vapor of mercury fillings.)

This video was created by the IAOMT, the International Academy of Oral Medicine and Toxicology. It shows **massive amounts of mercury vapor off-gassing from an extracted tooth**. This level is far above any "safe" level set by the FDA or the EPA.)

Mercury fillings are an ancient technology used as far back as the U.S. Civil War. The metals in mercury fillings expand and contract with changes in temperature. It's cheap, it's crude, and it's ugly. But it has also been the mainstay of western dentistry for literally hundreds of years.

Our medical regulating agencies all insist that mercury fillings are completely safe: the American Medical Association, FDA bureaucrats, and of course, the top officials of the dental industry. They acknowledge that environmental mercury is a highly toxic heavy metal that causes neurological damage, but they insist that it's safe to place this metal in your mouth. Somehow, they claim, when the mercury is placed into your mouth, the toxicity of mercury disappears, and it is transmuted into a completely safe substance that poses no risk of harm to you or your children. Such a concept is apparently a magical act that defies physics and chemistry.

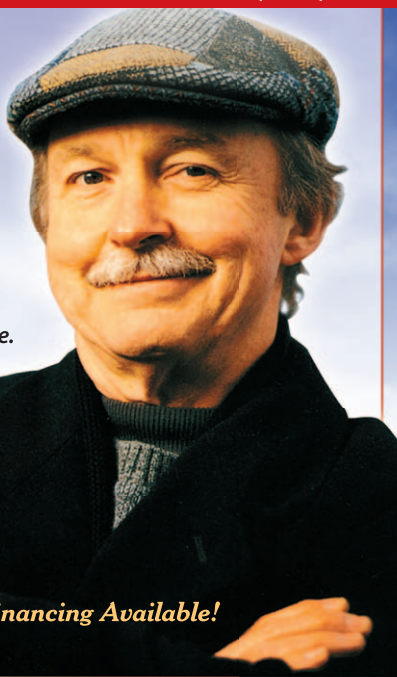
People who testified at a recent FDA hearing told the agency that mercury fillings destroyed the quality of their lives. One man suffered from fatigue and chronic sinus infections for 46 years before finally having the mercury removed. "I wouldn't have believed it would have caused a difference," he said. "It's absolutely amazing." Another person testified, "I was vomiting every day for months." A parent added this startling bit of testimony: "My child now has seizures every day." (link: www.cbsnews.com/stories/2010 and search on "mercury fillings / seizures" to read the full story).

No one denies that environmental mercury is extremely toxic. *Wikipedia says, "acute exposure to mercury vapor has been shown to result in profound central nervous system effects, including psychotic reactions characterized by delirium, hallucinations and suicidal tendency..."*

To learn more about the dangers of mercury fillings, these links: www.toxicteeth.org, www.TALKInternational.com, or www.drmercola.com and search on "mercury fillings." Visit: www.ada.org to read about what the American Dental Association says about mercury "silver" fillings (the other point of view).

In October of 2010, the city of Costa Mesa, California was the first city to take an official position on banning mercury fillings. We hope that this is the beginning of a powerful trend for dentistry to come out of the stone ages and into the 21st century for the highest good of the people. Look for additional articles about mercury fillings in future issues of *Truly Alive Magazine*.

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